



# John de la Howe School PRE-PLACEMENT PHYSICAL EXAMINATION

This form is required prior to admissions into either of the John de la Howe School programs. Please have this form completed by your family physician and fax it to (864) 391-2150. **Completion of the physical is not a contract between the applicant, medical facility, or families for placement. All**

Student's Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Temp: \_\_\_\_\_ Pulse: \_\_\_\_\_ (RRR) Respiration: \_\_\_\_\_

Hearing (Whisper): (R): \_\_\_\_\_ (L): \_\_\_\_\_ Is an audiometric exam recommended? **Y or N**

Uncorrected Vision: (Snellen) (R): 20/\_\_\_\_\_ (L): 20/\_\_\_\_\_ Are corrective lenses worn? **Y or N** Date of last prescription \_\_\_\_\_

Corrected Vision: (Snellen) (R): 20/\_\_\_\_\_ (L): 20/\_\_\_\_\_ Is a complete eye examination recommended? **Y or N**

Dentition (list and describe any problems): \_\_\_\_\_ Is a dental examination recommended? **Y or N**

Allergies (medication or food): **Y or N** (if yes, please list them and their reactions): \_\_\_\_\_

Last Tetanus shot: \_\_\_\_\_ Has the student had Chicken Pox? \_\_\_\_\_ If no, has he/she been immunized for this disease? \_\_\_\_\_

***Required Lab Work: (Tests must have been performed within the last 90 days)***

URINALYSIS: Date: \_\_\_\_\_ Specific gravity: \_\_\_\_\_ Albumin: \_\_\_\_\_ Sugar \_\_\_\_\_ Mic: \_\_\_\_\_ Bacteria: \_\_\_\_\_

TUBERCULIN SKIN TEST: Date: \_\_\_\_\_ Results: \_\_\_\_\_ Date read: \_\_\_\_\_

Key: N=Normal X= Abnormal

_____ Head	_____ Nose	_____ Ears	_____ Lungs	_____ Heart	_____ Arches
_____ Mouth	_____ Throat	_____ Abdomen	_____ Upper Extremities	_____ Spine	_____ Toenails
_____ Eyes	_____ Neck	_____ Liver	_____ Lower Extremities	_____ Feet	

DESCRIBE ANY ABNORMALITIES AND INDICATE RECOMMENDATIONS/RESTRICTIONS (i.e.; No Strenuous Activity):

Last menses (female): \_\_\_\_\_ Regular? (Y?N) \_\_\_\_\_ Last examination for hernia (Male): \_\_\_\_\_

**DIAGNOSIS(ES):**

**MEDICATIONS (INCLUDING PRNS):**

NEUROLOGICAL: \_\_\_\_\_

MEDICAL: \_\_\_\_\_

PSYCHOLOGICAL/EMOTIONAL: \_\_\_\_\_

I certify that I have personally examined this patient and find no abnormalities, except as indicated above, that would prevent he/she from participating in physical training activities.

DATE: \_\_\_\_\_ PRINT AND SIGN: \_\_\_\_\_, M.D.

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_  
(A Licensed Physician must complete this form)



# John de la Howe School Student Medical History

NAME: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Please check any of the following that the student or his/her immediate family may have experienced.

**Key: (St=Student, F=Father, M=Mother, S=Sister, and B=Brother)**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Anemia                | <input type="checkbox"/> Sickle Cell                   | <input type="checkbox"/> Surgeries   |
| <input type="checkbox"/> Bronchitis            | <input type="checkbox"/> Head Injury                   | <input type="checkbox"/> Adverse reactions to drugs  |
| <input type="checkbox"/> Cancer                | <input type="checkbox"/> Swollen/Painful Joints        | <input type="checkbox"/> Hemoglobinopathies (i.e.; Sickle Cell and Tay-sachs)                        |
| <input type="checkbox"/> Eyes/Vision           | <input type="checkbox"/> Chronic/frequent colds        |  |
| <input type="checkbox"/> Dental Problems       | <input type="checkbox"/> Recent weight gain or loss    | <b>Do you .....</b>  |
| <input type="checkbox"/> Ears/Nose/Throat      | <input type="checkbox"/> Pain/Pressure in Chest        | Wear prescription glasses/contacts?      Y or N  |
| <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Palpitations/pounding heart   | Wear a hearing aid?                              Y or N  |
| <input type="checkbox"/> Epilepsy/Seizures     | <input type="checkbox"/> High Blood Pressure           | Smoke?    Y or N   |
| <input type="checkbox"/> Hearing Loss          | <input type="checkbox"/> Frequent indigestion          | Use other tobacco products?              Y or N  |
| <input type="checkbox"/> Dizziness or fainting | <input type="checkbox"/> Stomach problems              | Use street drugs? (If so please list below)      Y or N  |
| <input type="checkbox"/> Headaches (Chronic)   | <input type="checkbox"/> Liver problems/jaundice       | <b>Have you ever .....</b>   |
| <input type="checkbox"/> Headaches(Migraine)   | <input type="checkbox"/> Broken bones                  | Had bleeding problems?                      Y or N   |
| <input type="checkbox"/> Sinusitis             | <input type="checkbox"/> rupture/hernia                | Attempted suicide?                              Y or N   |
| <input type="checkbox"/> Heart problems        | <input type="checkbox"/> Frequent/painful urination    | Had any illnesses or injuries other than<br>the ones listed to the left?              Y or N         |
| <input type="checkbox"/> Intestinal problems   | <input type="checkbox"/> Sexually Transmitted Diseases | Had any tattoos, piercing, carvings or<br>bands?    Y or N |
| <input type="checkbox"/> Hepatitis             | <input type="checkbox"/> Arthritis                     | <b>For females only</b>  |
| <input type="checkbox"/> Kidney problems       | <input type="checkbox"/> Bone/joint deformity          | Are you pregnant?                              Y or N  |
| <input type="checkbox"/> stomach ulcers        | <input type="checkbox"/> Recurrent back pain           | Ever been treated for a female disorder?      Y or N   |
| <input type="checkbox"/> Thyroid problems      | <input type="checkbox"/> Shortness of breath           | Do you use contraceptives                      Y or N  |
| <input type="checkbox"/> Mononucleosis         | <input type="checkbox"/> Chronic cough                 | <b>Are you sexually active?</b> Y or N   |
| <input type="checkbox"/> Neurological          | <input type="checkbox"/> Mental illness                |  |
| <input type="checkbox"/> Skin diseases         | <input type="checkbox"/> Depression/excessive worry    |  |

For each item checked above, please explain your answer in the space provided below ( may use back of sheet if necessary ) .

\_\_\_\_\_

\_\_\_\_\_

Have you even been on medication for **ADD or ADHD?** **Y or N**    Was there any improvement? **Y or N**  
What was(were) the name(s), dosage(s) and date(s) of the medication(s)? \_\_\_\_\_

Why did you stop taking the medication(s)? \_\_\_\_\_

Have you ever been on medication(s)? **Y or N**    Was there any improvement? **Y or N**  
What was(were) the name(s), dosage(s) and date(s) of the medication(s)? \_\_\_\_\_

Why did you stop taking the medication(s)? \_\_\_\_\_

What is the name of your Health Insurance Company? \_\_\_\_\_ Effective Date: \_\_\_\_\_

Whose name is the insurance listed under? \_\_\_\_\_ Date of Birth: \_\_\_\_\_

What is the Identification Number or Group Number of the Insurance Policy? \_\_\_\_\_

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Parent/Guardian's Signature



## John de la Howe School MEDICAL CONSENT

I, \_\_\_\_\_ hereby voluntarily consent to the rendering of such care, including  
(Printed name of parent/guardian)  
immunizations, diagnostic procedures, surgical and medical treatment and blood transfusions, by medical doctors, hospitals or their authorized designees, as may in their professional judgment be necessary to provide for the medical, surgical or emergency care of my dependent child, \_\_\_\_\_  
(Printed name of dependent child)

I further give my consent to John de la Howe School to arrange for routine or emergency medical and/or dental care and treatment necessary to preserve the health of my dependent child. In the event that my dependent child is injured or ill while under the care of John de la Howe School, I hereby give permission to John de la Howe School to provide first aid for said child and to take the appropriate measures, including contacting the Emergency Medical Service (EMS) system and arranging for transportation to the nearest emergency medical facility.

I further give my consent to John de la Howe School to contact my dependent child's routine medical/dental provider(s) as necessary to discuss my dependent child's medical history, medications, and routine and/or ongoing medical/dental needs.

In making medical decisions on my behalf for the benefit of my dependent child, I direct that John de la Howe School attempt to contact me. However, if medical care becomes essential, I give permission to John de la Howe School to make such decisions regarding such treatment as deemed appropriate by the medical doctor, hospital or their authorized designee. In furtherance of any treatment decisions to be made by John de la Howe School on my behalf for the benefit of my dependent child, I authorize John de la Howe School to request, obtain, review and inspect any and all information bearing upon my dependent child's health and relevant to any such decisions to be made respecting such treatment.

I acknowledge that no guarantees have been made to me as to the effect of such examinations or treatment on the condition of my dependent child and that I am responsible for all reasonable charges in connection with the care and treatment rendered to my dependent child during this period.

**This authorization of consent becomes effective on the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_ and will remain in effect until the child is discharged from John de la Howe School.**

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

### Parent/Guardian Signature Section

\_\_\_\_\_  
(Printed name of Parent/Guardian)

\_\_\_\_\_  
(Signature of Parent/Guardian)

### John de la Howe School Signature Section

\_\_\_\_\_  
(Printed name of John de la Howe School Representative)

\_\_\_\_\_  
(Signature of John de la Howe School Representative)



**John de la Howe School  
Prescription Medication Authorization Form**

**Dear Parent or Guardian:**

**Nonprescription Medications:**

Parent/Guardian written authorization is required.

**Prescription Medications:**

Parent/Guardian written authorization and Physician written authorization is required.

No medication will be administered by John de la Howe School personnel or its agents until the consent forms are completed and on file with the school nurse.

Medication authorization and administration forms will be kept and stored confidentially.

All prescription medication must be in the original container labeled from the pharmacy with the student's name, dosage, time, and quantity to be given.

All medication will be kept in a securely locked area only accessible to those who have the authority to administer medications to the students.

Parents are responsible for bringing/sending medication to the school and picking up any unused medication after it has been discontinued.

Students are not allowed to have medication on their person.

Personnel that administer medication to students will be provided orientation and training.

In accordance with the standards of nursing practice, if the school nurse determines a medication dosage has the potential to be harmful or dangerous, based on her/his experience, assessment and professional judgment, he/she may refuse to administer or allow administration of the medication. In these cases, the school nurse will notify the parent/guardian and the licensed prescriber of the reason for the refusal.

Heather Sizemore, RN  
John de la Howe School



**John de la Howe School  
Medication Authorization Form**  
(Note: Each medication requires a separate form)

**Parent or Guardian to complete this section:**

Student's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

School: John de la Howe School Grade: \_\_\_\_\_

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_

Benefits of medication: \_\_\_\_\_

Route/Mode of Administration: \_\_\_\_\_ Frequency: \_\_\_\_\_

Duration: \_\_\_\_\_ (Not to exceed current school year)

Times to be given: \_\_\_\_\_ Start Date: \_\_\_\_\_ Stop Date: \_\_\_\_\_

Potential Adverse Reactions: \_\_\_\_\_

If medication is ordered PRN (as needed), state conditions under which school personnel should administer medication (i.e. headache, fever, pain, cough, etc.):

I hereby give permission for personnel designated by the principal or school nurse to give this medication to my child according to the directions stated.

I also authorize designated personnel to contact me if there is a question regarding medication administration.

I agree to provide documentation from a doctor to the school when the drug is discontinued and/or the dosage or time changed.

I understand if the medication is discontinued and then resumed, a new Medication Authorization Form is required.

I understand that any unused medication will be properly disposed of if not claimed after discontinuation of the medication.

Discontinued medication will be sent home only with the student's parent or guardian.

I agree to hold John de la Howe School, its employees and agents harmless in any and all claims arising from the administration of this medication.

**X** \_\_\_\_\_ Date: \_\_\_\_\_

(Parent or Guardian Signature)

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_



**John de la Howe School**  
**Prescription Medication**  
**Physician Authorization**

**(Please complete a separate authorization for each prescribed medication ordered)**

I acknowledge that I will assist and advise designated personnel in the administration of the below prescribed medication.

I agree to provide the school nurse with documentation of the student's follow-up visits and changes of medications/dosages or frequencies.

I will provide copies of prescriptions written to the school nurse for placement in the student's medical record (which will be maintained in the Infirmary), since John de la Howe School is a residential placement.

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_

Benefits of medication: \_\_\_\_\_

Route/Mode of Administration: \_\_\_\_\_ Frequency: \_\_\_\_\_

Duration: \_\_\_\_\_ (Not to exceed current school yr.)

Times to be given: \_\_\_\_\_ Start Date: \_\_\_\_\_ Stop Date: \_\_\_\_\_

Special Instructions for Administration: \_\_\_\_\_

Potential Adverse Reactions: \_\_\_\_\_

If adverse reactions are noted please notify the student's parent/guardian as soon as possible.

Request that school nurse see the student for any of the following reasons: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Physician's Office Phone Number

\_\_\_\_\_  
Print Physician's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician's Office Address



## Over-The-Counter Medications Used

Please check which medications below are approved to use or check here if all below are approved: \_\_\_\_\_

- |   |   |
|---|---|
| <input type="checkbox"/> A&D Ointment (skin protectant)               | <input type="checkbox"/> Hydrocortisone Cream (rashes)                  |
| <input type="checkbox"/> After Bite (bug bites)                       | <input type="checkbox"/> Hydrogen Peroxide (clean wounds)               |
| <input type="checkbox"/> Aloe lotion/gel (burns)                      | <input type="checkbox"/> Ibuprofen (headaches, cramps, fever, pain)     |
| <input type="checkbox"/> Antifungal Spray (athlete's foot, jock itch) | <input type="checkbox"/> Melatonin (sleep aide)                         |
| <input type="checkbox"/> Benadryl (unrelieved itching, hives)         | <input type="checkbox"/> Mentholatum (chapped lips)                     |
| <input type="checkbox"/> Ben-Gay (muscle pain)                        | <input type="checkbox"/> Milk of Magnesia (laxative)                    |
| <input type="checkbox"/> Calamine lotion (bug bites/rashes)           | <input type="checkbox"/> Orajel (toothache, sore gum, mouth sore)       |
| <input type="checkbox"/> Chigarid (chigger bites)                     | <input type="checkbox"/> Pepto-Bismol (nausea, diarrhea, upset stomach) |
| <input type="checkbox"/> Claritin (allergies, sinus problems)         | <input type="checkbox"/> Senekot (constipation)                         |
| <input type="checkbox"/> Compound W (wart remover)                    | <input type="checkbox"/> Triple Antibiotic Ointment (cuts, scrapes)     |
| <input type="checkbox"/> Cough Drops (cough/sore throat)              | <input type="checkbox"/> Tums (heartburn, indigestion)                  |
| <input type="checkbox"/> Dimetapp Cold & Cough (cold, sinus problems) | <input type="checkbox"/> Robitussin (cough/cold)                        |
| <input type="checkbox"/> Ear plugs (protection)                       | <input type="checkbox"/> Tylenol (pain, fever)                          |
| <input type="checkbox"/> Emetrol (nausea)                             | <input type="checkbox"/> Visine-A (eye allergy)                         |
| <input type="checkbox"/> Epsom Salt (sore joints, ingrown toenails)   |   |

Parent/Guardian's Initials: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Name: \_\_\_\_\_ Cottage: \_\_\_\_\_